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BOCES

Nutrition Notes: October 2018

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NOURISH YOUR NEIGHBOR

A Healthy Food Drive Initiative

What is a healthy food drive ?

Eat Smart New York is collaborating with our local Price Choppers to co-host food drives with schools and other organizations that encourage donating healthier foods.

This year, give your food drives (new or existing) a healthy twist:
Encourage families to donate items with a high nutritional value!



To learn more about Nourish Your Neighbor and other local food drives please check out our Facebook and Website: <https://www.facebook.com/Eatsmartnynorthcountryregion/>

<http://northcountryeatsmartny.org/>



USDA Supplemental Nutrition Assistance Program

NORTH COUNTRY REGION

EAT SMART NY

Cornell Cooperative Extension

This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP). An equal opportunity provider and employer.

Also this month: October 31, New York Food day!!

NEW YORK FOODS DAY
CHEESE QUESADILLA - HALLOWEEN BEANS - LOCAL GARDEN SALAD
WEDNESDAY OCTOBER 31ST

FARM to SCHOOL
MOHAWK VALLEY

ZENNYLL FARM
VERONA, NY

BYRNE DAIRY
LAFAYETTE, NY

CUBA CHEESE SHOPPE
CUBA, NY

RADICLE FARM
UTICA, NY

CARLO MASI & SONS & DAUGHTER
UTICA, NY

GIANFORTE FARM
CAZENOVIA, NY

COMMON THREAD CSA
MADISON, NY

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