



# BREAKFAST MENU



BREAKFAST PRICE IS FREE • MENU IS SUBJECT TO CHANGE • For more information, contact [hmielnicki@oneida-boces.org](mailto:hmielnicki@oneida-boces.org)

## FEBRUARY 2021 • Frankfort-Schuyler Jr/Sr High School

### Available Daily:

Yogurt, Fresh Fruit or Chilled Fruit Juice, Ice Cold New York State Milk.

Students can select 1 or 2 grains, milk, 1 or 2 fruits/juices for a complete breakfast!

### Local Items this Month:

Apples, Milk, Hot Dogs, Meatballs, Butternut Squash, Black Beans, Carrots, Potatoes, Cabbage.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 Nature Valley Oatmeal Round	02 Mini Cinni	03 Apple Frudel!	04 Assorted Whole Grain Muffins	05 Whole Grain Bagel with Cream Cheese
08 Assorted Cereal Bars	09 Snackin' Waffles	10 ZeeZee Bars	11 Whole Grain Chocolate Chip Muffin Top	12 Mini Bagels
15 - 19 <b>Mid-Winter Recess!</b>				
22 Mini Cinni	23 Homemade Blueberry Bar	24 Apple Frudel!	25 Whole Grain Bagel with Cream Cheese	26 Assorted Whole Grain Muffins
<b>Meals will be available for pick up Mondays + Thursdays from 10-2 at Bono's Trailer Park in Schuyler and Frankfort-Schuyler High School.</b>				

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com