

LUNCH MENU

Frankfort-Schuyler
Jr./Sr. High School

Lunch price is \$2.75 | Menu is subject to change | For more information, contact hmielnicki@oneida-boces.org

SEPTEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			01	02
05 No School – Labor Day!	06 Boneless Chicken Bites Tuna Salad Sandwich Broccoli <i>Goldfish Crackers</i>	07 Mozzarella Sticks with Dipping Sauce Ham & Cheese Sandwich Carrots	08 NY All Beef Hot Dog on a Bun Mixed Deli Sandwich Green Beans	09 Cheesy Cheese Pizza Pepperoni Pizza Green Salad Jello Jewels
12 Breaded Chicken Sandwich Tuna Salad Sandwich Broccoli	13 Ground Beef Tacos Deli Turkey Sandwich Corn Lettuce, Tomato, Cheese Cup	14 Pizza Sticks Ham & Cheese Sandwich Green Beans	15 Grilled Cheese Sandwich Mixed Deli Sandwich Carrots Watermelon Slices	16 Cheesy Cheese Pizza Garlic Pizza Green Salad Berry Yogurt
19 Chicken Tenders Tuna Salad Sandwich Broccoli Rice	20 Nachos with Queso Deli Turkey Sandwich Corn	21 Dino's Meatball Sub Ham & Cheese Sandwich Maple Glazed Carrots	22 Turkey Gravy Dinner Roll Mixed Deli Sandwich Whipped Potatoes Veggie Choice!	23 Cheesy Cheese Pizza Buffalo Chicken Pizza Green Salad Black Bean Brownie
26 Boneless Chicken Bites Tuna Salad Sandwich Broccoli Buttered Noodles	27 Chili with Tortilla Chips Deli Turkey Sandwich Corn	28 Whole Grain French Toast Sticks Ham & Cheese Sandwich Breakfast Sausage Hash Brown Patty	29 Chicken & Cheese Quesadilla Mixed Deli Sandwich Roasted Cauliflower	30 Cheesy Cheese Pizza Pepperoni Pizza Green Salad Miss Milla's Chocolate Chip Cookie



Available Daily

- Fresh Entrée Salads
- Party Plates
- Assorted Subs & Sandwiches
- Peanut Butter & Jelly Sandwich
- Assorted Fresh Fruit & Fruit Juice
- Vegetable Cruncher Cups
- Ice Cold New York State Milk

Local Items this month:

Milk, Yogurt, Apples, Black Beans, Meatballs, Hot Dogs, Watermelon, Carrots, Cauliflower, Maple Syrup.

Local items are bolded on menus!

