

BREAKFAST MENU

Breakfast price is \$1.50 | Menu is subject to change | For more information, contact hmielnicki@oneida-boces.org

SEPTEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			01	02
05 No School – Labor Day!	06 Assorted Whole Grain Muffins	07 Nature Valley Soft Baked Oatmeal Round	08 Mini Cinni	09 Mini Bagels
12 Fruit Frudel	13 Breakfast Sandwich	14 Whole Grain Bagel with Cream Cheese	15 Homemade Berry Bar	16 Whole Grain Chocolate Chip Muffin Top
19 Assorted Whole Grain Muffins	20 Very Berry Overnight Oats	21 Nature Valley Soft Baked Oatmeal Round	22 Breakfast Sandwich	23 Mini Bagels
26 Fruit Frudel	27 Breakfast Pizza	28 Whole Grain Bagel with Cream Cheese	29 Homemade Berry Bar	30 Whole Grain Chocolate Chip Muffin Top



Available Daily:

- Whole Grain Toast (1 or 2 slices as an entrée)
- Yogurt – 1 with or without toast as an entrée
- Assorted Cold Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

Local Items this month:

Milk, Yogurt, Apples, Black Beans, Meatballs, Hot Dogs, Watermelon, Carrots, Cauliflower.

